

# BS in Human Development and Family Science with Emphasis in Family and Lifespan Development

## Degree Program Description

In the Family and Lifespan Development emphasis in HDFS (<https://hdfs.missouri.edu/>), students become familiar with theory and research about families and individuals across the lifespan. Coursework focuses on bio-psycho-social development, family functioning, and interpersonal relationships in relevant settings such as at home, in child care, at school, and in the work place. Diversity is emphasized through examining multicultural families and diverse family structures and processes, and variations in individual development and relationships associated with such factors as gender, race, ethnicity, social class and health status. Opportunities are available for the practical application of theory and research in working with individuals, families, schools, and communities.

## Major Program Requirements

Students may plan a program of study which will help prepare them for earning the Certified Family Life Educator (CFLE) credential from the National Council on Family Relations (NCFR). Consultation with the student's academic advisor is recommended to determine the current requirements for this credential.

Field education sites require that students provide proof of health insurance, up-to-date immunizations, and student professional liability insurance. Students may also be required to pass mandatory drug screens, criminal background checks, and any other required qualification checks prior to beginning any field education experience in HDFS. Failure to provide appropriate documentation, or pass drug screens and criminal background checks prior to beginning these experiences may necessitate a change of major. The student is responsible for all costs incurred with these qualification checks.

Students must complete all university requirements (<http://catalog.missouri.edu/academicdegreerequirements/universityrequirements/>), including general education (<http://catalog.missouri.edu/academicdegreerequirements/generaleducationrequirements/>), in addition to the degree requirements below. All students must earn a grade of C- or higher and a minimum 2.0 GPA overall in all HDFS courses taken to meet the HDFS degree requirements. A minimum of 120 credit hours is required to earn the degree.

<b>A. HDFS CORE I REQUIRED COURSES:</b>		<b>18-22</b>
H_D_FS 1600	Foundations of Family Science <sup>1</sup>	3
H_D_FS 1610	Intimate Relationships and Marriage	3
H_D_FS 2200	Research Methods in Human Development and Family Science	3
H_D_FS 2300	Multicultural Study of Children and Families	3
H_D_FS 2400W	Principles of Human Development - Writing Intensive	3-4
or H_D_FS 2400	Principles of Human Development	

Select one of the following courses:

H_D_FS 3500	Infant-Toddler Practicum	6
H_D_FS 3700	Preschool Practicum	6
H_D_FS 3730	Field Training Practicum	3

### **B. HDFS CORE II REQUIRED COURSES: 6**

Select two courses from the following:

H_D_FS 3050	Child Development: Infancy and Toddlerhood	3
H_D_FS 3150W	Child Development: Preschool to Pre-Adolescence - Writing Intensive	3
H_D_FS 3430	Adolescence and Young Adulthood	3
H_D_FS 3440	Adulthood and Aging	3

### **C. HDFS CORE III REQUIRED COURSES: 6**

HDFS Upper-Level Diversity Requirement. Select two courses from the following:

H_D_FS 3650	Diversity in the Lives of Young Children and Families	3
H_D_FS 4200	Latino/a Children, Youth, and Families	3
H_D_FS 4300	Black Children, Youth, and Families	3
H_D_FS 4610	Stress and Resilience in Families	3
H_D_FS 4620	Family Interaction	3
H_D_FS 4640	Interpersonal Relationships	3
H_D_FS 4700	Children and Families in Poverty	3

### **D. HDFS ELECTIVE COURSES: 15**

Select from HDFS courses not already used to satisfy CORE I, II, or III requirements. Consult with an HDFS academic advisor prior to enrolling in any HDFS Electives. [5 COURSES MINIMUM REQUIRED]

### **E. REQUIREMENTS IN RELATED AREAS: <sup>2</sup> 6**

COMMUN 1200	Public Speaking	3
PHIL 1100	The Difference Between Right and Wrong: An Introduction to Ethics	3
or PHIL 1150	Introductory Bioethics	
or PHIL 2440	Medical Ethics	

### **F. HDFS CAPSTONE REQUIRED COURSES: 6**

H_D_FS 4970W	Human Development and Family Science Capstone - Writing Intensive (REQUIRED) <sup>3,4</sup>	3
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Select 1 course below, 3 credit hours minimum

H_D_FS 4090	Advanced Research in Human Development and Family Science	1-6
H_D_FS 4993	Internship in Human Development and Family Science <sup>3</sup>	3-6

### **G. ELECTIVE CREDITS - Can include any of the following: <sup>5</sup> 39**

- Additional HDFS courses not already used to satisfy CORE I, II, or III, or HDFS Elective requirements
- Minor, certificate, or elective courses from other departments

<sup>1</sup> H\_D\_FS 1600 should be taken before H\_D\_FS 2300 and any 3000/4000-level H\_D\_FS course.

<sup>2</sup> These courses may be used to partially fulfill the General Education Humanities requirement.

<sup>3</sup> Senior standing and instructor consent required.

<sup>4</sup> Students who have previously met the upper-level Writing Intensive writing requirement, may elect to enroll in the non-WI H\_D\_FS 4970 course, when offered.

<sup>5</sup> Consult with an HDFS academic advisor for approval of general elective course selections prior to enrolling.

## Semester Plan

Below is a sample plan of study, semester by semester. A student's actual plan may vary based on course choices where options are available.

First Year			
Fall	CR	Spring	CR
ENGLSH 1000		3 COMMUN 1200	3
Gen Ed BIO/PHYS/MATH Sci		3 Gen Ed BIO/PHYS/MATH Sci	3-5
Gen Ed BEH/SOC Sci		3 Gen Ed MATH	3
H_D_FS 1600		3 H_D_FS 2400W <sup>1</sup> *	4
H_D_FS 1610*		3 PHIL 1100 <sup>2</sup>	3
		<b>15</b>	<b>16-18</b>
Second Year			
Fall	CR	Spring	CR
ELECTIVE COURSE		3 AMERICAN HIST or GOVT <sup>3</sup>	3
Gen Ed BIO/PHYS/MATH Sci		2-3 ELECTIVE COURSE	3
H_D_FS 2200		3 Gen Ed HUMANITIES	3
H_D_FS 2300		3 HDFS CORE II	3
HDFS CORE II		3 HDFS ELECTIVE	3
		<b>14-15</b>	<b>15</b>
Third Year			
Fall	CR	Spring	CR
ELECTIVE COURSE		3 ELECTIVE COURSE	3
ELECTIVE COURSE		3 ELECTIVE COURSE	3
HDFS ELECTIVE		3 ELECTIVE COURSE	3
H_D_FS 3500, 3700, or 3730		3-6 HDFS CORE III	3
HDFS CORE III		3 HDFS ELECTIVE	3
		<b>15-18</b>	<b>15</b>
Fourth Year			
Fall	CR	Spring	CR
ELECTIVE COURSE		3 ELECTIVE COURSE	3
ELECTIVE COURSE		3 ELECTIVE COURSE	3
ELECTIVE COURSE		3 ELECTIVE COURSE	3
HDFS ELECTIVE		3 H_D_FS 4970 or 4970W <sup>4</sup>	3
H_D_FS 4090 or 4993		3-6 H D FS ELECTIVE	3
		<b>15-18</b>	<b>15</b>

**Total Credits: 120-129**

\* These courses fulfill both HDFS major requirements and 6 of 9 General Education SOCIAL/BEHAVIORAL science credit requirements.

<sup>1</sup> H\_D\_FS 2400 (3 cr.) (non-WI) may be taken if student has already met the lower-level Writing Intensive requirement.

<sup>2</sup> The ETHICS requirement in HDFS may also be satisfied with PHIL 1150 or PHIL 2440.

<sup>3</sup> See **University General Education webpage** (<https://generaleducation.missouri.edu/courses/?category=all&prop=mslr&level=all>) for a list of courses that meet the AMERICAN HISTORY or GOVERNMENT requirement.