

MS in Nutrition and Exercise Physiology

The Nutrition and Exercise Physiology graduate program provides world class training that can open the door to a wide variety of career opportunities in the life sciences. We offer outstanding education and experience that will help you achieve your career goals. Our graduate program is part of a campus-wide network of research programs that provides integrative research in the biomedical sciences. The MS in Nutrition and Exercise Physiology is offered with two emphasis area options: Nutritional Sciences, and Exercise Physiology. Both programs provide outstanding educational and cutting-edge research opportunities for our students in the areas of nutrition, physical activity, exercise, sleep and its relationship to human health and disease. Our research programs are grant funded both nationally and locally and include research in:

- Human exercise physiology and metabolism
- Cardiovascular physiology
- Cardiometabolic health
- Micronutrients and health
- Lipid and carbohydrate metabolism
- Metabolic health
- Obesity research

Degree Requirements

The MS in Nutrition and Exercise Physiology has two emphasis areas.

Please see the emphasis area pages in Nutritional Sciences (<https://catalog.missouri.edu/collegeofagriculturefoodandnaturalresources/nutritionexercisephysiology/ms-nutrition-exercise-physiology-emphasis-nutritional-sciences/>) and in Exercise Physiology (<https://catalog.missouri.edu/collegeofagriculturefoodandnaturalresources/nutritionexercisephysiology/ms-nutrition-exercise-physiology-emphasis-exercise-physiology/>) for degree information.