

Certificate in Pre-Couple and Family Therapy

The Pre-Couple and Family Therapy undergraduate certificate is designed to introduce students to the foundational concepts and practices of couple and family therapy and related professions. This program emphasizes a systemic approach to understanding human interactions and family systems and provides practical skills essential for working in varying helping contexts. Ideal for students interested in counseling, social services, or graduate study in couple and family therapy, this certificate offers an introduction to the field and equips learners with skills and insights that are valuable across a range of helping professions.

Requirements

Students seeking to earn the Pre-Couple and Family Therapy certificate will complete 15 total credit hours, consisting of 12 hours of required courses and 3 hours of electives.

To complete the certificate, students must earn a grade of "C-" or better in each course and a minimum 2.00 GPA overall for courses taken towards the certificate.

Required Courses		12
H_D_FS 1610	Intimate Relationships and Marriage	3
H_D_FS 4620	Family Interaction	3
H_D_FS 4660	Helping Skills in Human Services	3
PSYCH 2510	Survey of Psychopathology	3
Elective Courses		3
Choose one course from the list below		
H_D_FS 3730	Field Training Practicum	3
H_D_FS 4610	Stress and Resilience in Families	3
SOC_WK 4480	Direct Practice with Older Adults	3
SOC_WK 4720	Variations in Human Behavior	3
Or appropriate advisor-approved course		

Some courses may have prerequisites. Consult with a certificate advisor to plan your schedule of certificate courses.