

MEd in Educational, School, and Counseling Psychology with Emphasis in Sport Psychology

Students who choose this specialty area have an interest in working with the careers of individuals in the world of sports (sport coaches, strength and conditioning coaches, athletic trainers, athletic academic counselors, Life Skills coordinators, athletic administrators, career coaches, life coaches, and the like). The curriculum is based on a scientist-practitioner model of training as well as a holistic view of how sport, career choice, and personal adjustment provide one with both an engaging and rewarding career and personal life. There is a strong emphasis on learning thru experience, where the experiences derived in and with athletic teams and with a college career center.

Degree Requirements

This degree program provides a strong, fortified (51 credit hours) Masters Degree that blends the two fields of Sport Psychology and Career Counseling.

The Counseling Sport Psychology program was designed to move one toward qualifying a student to meet most but not all of the State of Missouri's curricular requirements for Licensure as a Professional Counselor (LPC). In addition to required course work, the graduate must also complete 3000 hours of supervised counseling and pass a licensure examination. The Counseling Sport Psychology program was also designed to qualify a student to meet some of the Association for the Advancement of Applied Sport Psychology's (AAASP) curricular requirements to become a Certified AAASP Consultant. Additional courses/experiences necessary for AAASP Certification are included in a separate Sport Psychology electives section.

General Psychology Core	27
The Helping Relationship	3
ESC_PS 8040 Counseling Methods and Practices	
Social and Cultural Foundations	3
ESC_PS 9000 Multicultural Issues in Counseling	
Counseling Theory	3
ESC_PS 7120 Theories and Techniques of Counseling	
ESC_PS 8135 Foundations of Career Psychology	
Professional Orientation	3
ESC_PS 8070 Ethical and Legal Issues in Psychological Practice	
Group Dynamics	3
ESC_PS 8110 Methods in Group Counseling	
Appraisal	6
ESC_PS 8082 Foundations of Educational and Psychological Measurement	
ESC_PS 8640 Interviewing, Diagnosis, and Assessment	
Statistics	3
ESC_PS 7170 Introduction to Applied Statistics	
Counseling Psychology	21
Sport	12

ESC_PS 8087	Seminar in Educational, School, and Counseling Psychology (Philosophy of Sport)	
ESC_PS 8515	Sport Psychology	
ESC_PS 7200	Positive Psychology	
ESC_PS 9610	Applied Sport Psychology	
ESC_PS 8240	Sport in America	
Internship in Sport Psychology		3
ESC_PS 8085	Problems in Educational, School, and Counseling Psychology	
Practicum		
ESC_PS 8940	Counseling Psychology Practicum	
Electives		3

Sample Plan of Study

First Year					
Fall	CR	Spring	CR	Summer	CR
ESC_PS 9000	4	ESC_PS 8040	3	ESC_PS 8240	3
ESC_PS 7120	3	ESC_PS 8640	3		
ESC_PS 8515	3	ESC_PS 7170	3		
ESC_PS 8082	3	ESC_PS 8070	3		
13			12		3
Second Year					
Fall	CR	Spring	CR		
ESC_PS 8110	3	ESC_PS 8085	1-3		
ESC_PS 8940	3-9	ESC_PS 7087	1-3		
ESC_PS 9610	3				
ESC_PS 8135	3				
12-18			2-6		

Total Credits: 42-52

Examination

Students are required to pass the National Counselor Examination in Fall or Spring semesters of the second year to demonstrate they have gained the requisite knowledge for the profession.